

Breakfast Menu

Served until 11am

Luxury Scrambled Egg  £8.50

Creamy scrambled egg on toasted sourdough
Gluten free option available
Add bacon for £2.50

Omelette as you like it  **GF** £7.50

Choose fillings of cheese, sauteed onion, tomato, mushrooms
Add bacon for £2.50

Old Fashioned Blueberry Pancakes £9.95

Served with bacon, maple syrup and cream

Brioche French Toast  £9.95

Topped with cream, blueberries and maple syrup

Superfood Porridge  **GF** £7.95

Served with chia, flax seeds, apricots
and a pot of honey and fresh blueberries
Vegan option available



GF Gluten free

 Vegetarian



THE PLANTATION ROOM CAFÉ

AT VENTNOR BOTANIC GARDEN

Bruschetta

Isle of Wight Tomatoes  VEGAN £ 1 1 . 9 5

Toasted sourdough topped with Isle of Wight tomatoes marinated in garlic and basil with a balsamic glaze
Gluten free option available

Mushroom & Garlic  £ 1 1 . 9 5

Toasted sourdough topped with creamy mushroom and garlic
Gluten free option available

Barra Galeta Crusty Baguette

Served with seasonal salad garnish and sea salt crisps

Sausage & Sticky Fig £ 1 1 . 9 5

Hearty sausage and fig chutney
Gluten free option available

Halloumi & Rocket  £ 1 1 . 9 5

Halloumi with chilli jam and rocket
Gluten free option available

Roast Pepper & Hummus   VEGAN £ 1 1 . 9 5

Paprika roasted peppers with hummus
Gluten free option available



GF Gluten free

 Vegetarian

Homemade Soup of the day **GF** VEGAN

Freshly prepared served with toasted sourdough or warmed home baked cheese scone.

Soup with cheese scone £10.95

Soup with sourdough £9.95

Soup £8.95

Main plates

Tuscan chicken £12.95

Chicken with a creamy spinach & sun dried tomato sauce. Served with herby cous cous.

Hearty Spring Dahl  VEGAN £12.95

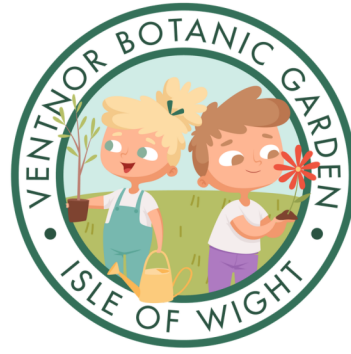
Creamy green lentil and spinach dahl, served with a toasted naan
Gluten free option available

See our chalkboard for today's specials.



GF Gluten free

 Vegetarian



Little Adventurer's Menu

Mac & Cheese 

Served with toasted sourdough
Vegan option available

£7.95

Soup of the Day

With crusty sourdough

£7.95

Half Baguettes

Sausage

Sausage, served with a salad garnish and sea salt crisps.
Gluten free option available

£7.95

Crunchy Cheddar 

Cheddar with a choice of cucumber or tomato, served with a salad garnish and sea salt crisps
Vegan and gluten free option available

£7.95

Peanut butter & Banana 

Peanut butter & Banana on toasted sourdough

£6.95

For children aged 12 and under

Drinks

Folkington's Juices

£ 3 . 1 5

Cloudy Apple, Cranberry, Orange,
Summer Berries, Elderflower or Pineapple

Hot Drinks

Americano	£3.75	Tea	£3.10
Cappuccino	£3.95	Earl Grey Tea	£3.15
Latte	£3.95	Peppermint Tea	£3.15
Mocha	£4.10	Green Tea	£3.15
Flat White	£3.95	Dairy Free Milk	£0.50
Double Espresso	£3.25	Oat or Soya	
Macchiato	£3.50	Syrup Shot	£0.95
Babyccino	£0.95	Vanilla, Caramel or Hazelnut	
Extra Shot	£0.95		
Chai Latte	£3.75		
Hot Chocolate	£3.95		
Deluxe Chocolate	£4.25		

Loose Leaf Tea

£ 3 . 7 5

Tropical Green	Jasmine Organic	Peppermint
Blueberry Rooibos	Turmeric & Cocoa	Berry Hibiscus
English Breakfast	Chamomile & Citrus	Rooibos Organic

Fresh Juice of the Day

A burst of energy and flavour in every sip

£ 3 . 9 5